

# Face Your Fear

It happened when I was in class ninth. I enjoyed studying. I also loved to draw and often took part in drawing competitions. But other than that, I had never taken part in any other school event. I was too shy to speak in front of people.

There was a fancy dress show being planned in our school. Many of my friends were excited to take part in the show. My class teacher Ms. Najma asked me to join in the fun, but I refused, saying that I won't be able to do it. Ms.Najma was not going to accept a no for an answer. She told me stories of famous people from history and their achievements, she told me about will-power and about Man's status is the best of all creation. If I was a good student and a talented artiste, I should also prove myself in other fields. Take it as a challenge. Just do it.

Needless to say, I decided to be a part of the dress show. As we cued up back stage, waiting for our turn, I was very nervous. As soon as I stepped on the stage, my anxiety vanished and I thoroughly enjoyed what I was doing.

Miss Najma's advice has helped me each time I have had to choose between facing a challenge in life or walking away from it.